

Activity



The newsletter for the
Walking and Cycling Section
of the Camping and Caravanning Club



*A quintessential English countryside springtime
picture. This is why we go walking.*

Photo Toni Reynaud



Issue 127
Spring 2024



Francine's WAC-*Keynotes*

Well, I hope you have all wintered well, some members having reached warmer climes and continued their walking & cycling adventures further afield, according to posts on our Area Facebook pages.

Peakland have been meeting up for monthly walks with refreshments afterwards throughout the winter period, so there has been a lot of boot cleaning due to the awful wet weather we have been having. Early 2024 season meet programs have been impacted, some meets having to be cancelled due to the awful ground conditions; Fortunately, all the Area AGM's could take place and I am very pleased to report that they have all been able to form committees for the 2024 season. My thanks to all those who attended the AGM's showing their ongoing support for our Section.

The best place to go for up-to-date information regarding all upcoming meets can be found on our website, under the tab "Events".

www.walkingandcycling.org.uk

Hopefully the weather will improve very soon so we can more easily participate in all the activities provided at our meets. Wishing you all the best for the forthcoming months

Francine Nutt
Walking & Cycling Section Chair



What if there was an official network of walking routes connecting all of Britain's towns, cities and national parks?

Volunteers all over the country have already drafted it! Over 130,000km (81,000 miles) of routes join up all of Great Britain's towns and cities.

Now these handmade, crowd-sourced routes need checking. Can you help?

Just choose a route, walk it, and review it – that's all!

The aim is to create a national walking network of walking routes that connect all of Great Britain's towns and cities, thousands of villages and every national park. It's a crowd funded initiative and you can participate when you wish and then report to the site. <https://beta.slowways.org/>

Jan Jackson flagged this up—I think it's well worth a look.

Toni Reynaud

Personal held Medical Cards in case of emergencies

The Walking & Cycling Section have purchased a supply of medical cards, it is recommended that these be filled in and carried by each person, so that in the event of emergency appropriate first aid can be commenced, vital information shared and contact made with the casualty's named contacts in a timely way. A supply will be available at each meet should members wish to utilise them.

Lexophilia is a love for words and a fascination or obsession with playing with language, such as puns, wordplay, and wit. It involves a deep appreciation for the intricacies of language, its various meanings, and the creative possibilities it offers. Although not in the dictionary, it is reported that "Lexophile" describes a person who loves sentences such as, "You can tune a piano, but you can't tuna fish," and "To write with a broken pencil is pointless."

Some examples follow here and throughout the newsletter

I changed my iPod's name to Titanic. It's syncing now.

England has no kidney bank, but it does have a Liverpool.

Haunted French pancakes give me the crepes.

This girl today said she recognized me from the Vegetarians Club, but I'd swear I've never met herbivore.

I know a guy who's addicted to drinking brake fluid, but he says he can stop any time.

A thief who stole a calendar got twelve months.

When the smog lifts in Los Angeles, U.C.L.A.

I got some batteries that were given out free of charge.

A dentist and a manicurist married. They fought tooth and nail.

A will is a dead giveaway.

With her marriage, she got a new name and a dress.

Police were summoned to a day-care centre where a three-year-old was resisting a rest.

A bicycle can't stand alone; it's just two tired.

Charmouth meet mid-March 2024

It was lovely to be packing up my van again after a long winter indoors: November, December and January were mostly spent with my right ankle in plaster up on cushions and then in a boot after breaking my ankle badly at our last 2023 meet at Verwood! There were several highlights during those months though as various wonderful friends visited me and took me out in a borrowed wheelchair (to Sarum Lights and Marwell Zoo lights trail) and also on my hired knee scooter (causing lots of smiles scooting round a big Tesco!): I also managed visits with friends to my nearest pub and they got used to me hopping in to our table!

The 100 mile drive along to Charmouth Club site on the Devon/Dorset Border from Emsworth (to where I moved in January 2023) was new to me as I'd previously approached everywhere via the M25 from Tunbridge Wells. The roads kept climbing and the weather got worse with rain, wind and finally mist; the rivers had overflowed over the fields and there were lots of "lakes" in the fields. At least I'd been able to pack the van in the dry! 4 of us, plus Pocket Rocket dog, went the 1+ mile to the Hunter's Lodge Inn for an enjoyable dinner Thursday evening.

There was no way I was going to be walking along any muddy **and slippery!** paths as I was taking it very easy with my not-quite-recovered ankle. I was very lucky to have several friends who also didn't fancy the



mud. On Friday we opted to start late for the bus to Lyme Regis and so missed the downpour that the keen 10 o'clock walkers encountered almost immediately. Once down in Lyme Regis the sun came out and it got warm – wonderful. After a coffee stop our first mission was to find the Mary Anning statue: on our Charmouth visit 2 years ago Google had told us that it was in place – but it wasn't! We had asked and had found a maquette (small mock-up) in the Museum window – Google got it wrong! The full size statue of Mary Anning (famous fossil hunter) is beautiful. From there we ambled along the front admiring the attractive houses and 3 of us walked on the high Cob wall to the end: it had been a very high tide and a big splash nearly got us! After large and filling bacon baguettes we caught the bus then walked the mile back to the campsite.

Saturday we left early for the bus to Bridport Market. Coffee in the church, a nice amble along the market stalls, an excellent rendering of My Girl Lollipop by an amateur group in the square, lunch in the garden centre then bus back and a misty wet walk back to the campsite.

Sunday Jenny drove 3 of us to Killerton House (NT): a beautiful house with huge grounds and wonderful collections of flowering trees and shrubs.

Monday was a leisurely nature walk on lanes down to Axminster (we didn't fancy walking back up!). We were recommended to an excellent cafe, Higglers Coffee House, where freshly ground coffee and yummy cakes were consumed. An amble around Axminster (the old department store is now a community Waffle House, etc), picnic in the sun on a church bench, a look around the lovely church and then the bus back up all the hills – we still had the mile walk to do though! Later 10 of us were lucky to be driven to the Hunter's Lodge Inn for dinner, leaving 6 unlucky ones to walk both ways! Within 10 minutes of sitting down Pocket Rocket had chewed through his lead – Rae thought he'd been too quiet!

An enjoyable meet despite the weather and mud and lovely to meet up with so many friends again. Not so enjoyable was my drive home as a large part of it was in thick cloud/mist proving very tiring in such bad visibility. My thanks to Marie for her excellent constant looking after us all.

Tricia Anderson

Hooray - first Wessex Meet of 2024

At last spring is coming after a very wet start to 2024. On the fourteenth of March the first Wessex meet of the year opened and over the weekend 24 units gathered at the Charmouth Club site on the Devon/Dorset Border. The weather was not very good except for Sunday but we were all very pleased to be 'Out and About' again.

Marie, our Steward, welcomed us in the rain on Thursday afternoon - her broolly was an essential piece of kit. The ground was very wet but we all had hard standings so once set up all was fine, well perhaps fine is not the most appropriate word.

There was a choice of activities, with the hardier members doing fairly long walks in varying amounts of mud (and rain!). However I am getting a bit of a wimp these days so settled for easier options. The local bus was about a mile away with a reliable hourly service so several of us made good use of this going to Lyme Regis and Bridport. I love Lyme Regis with its stone cob going out round the Harbour, pretty pastel coloured beach huts and views along the Jurassic coast. There is now a statue commemorating Mary Anning (a young local girl) who found some of the first and largest fossils that this area is now famous for.

It also has an RNLI Station guarded by the 'welly boot' dog family. A good supply of cafes are very tempting particularly in poorer weather.

On Monday four of us had a lovely walk down into Axminster. It was along little lanes with flower filled hedgerows and lovely views. I must, however, confess to catching the bus back up the hill to the campsite. Having a car available was a bonus so on Sunday (a lovely sunny day) Tricia, Martin and I drove to the NT estate of Killerton just north of Exeter. Well worth the drive as it is a lovely house and beautiful grounds. Magnolias, Camellias and early Rhododendrons were beautiful.

On the social side we had tea on a couple of days in the games room and Monday evening 16 of us enjoyed a meal together in the 'Hunters Lodge Inn', a good end to an enjoyable meet. A big thank you to Marie, our steward, who worked very hard to make everything run smoothly.

Jenny Williams Photos by Tricia Anderson and Jenny Williams.







The Weather.....

Julia led a walk for her local group — the weather wasn't very good — wet and windy even by the standards of what we've been having recently! Appropriate clothing was in use, and at every opportunity Fudge the dog took to sheltering under Julia's cape, sat on her toes like a baby penguin.



Wessex AGM weekend

Steward's Saturday report!!

Well we've been here at Tangley village hall since getting stuck in the mud on Wednesday and that was before we had the monsoon weather. Apologies — the meet had to be cancelled but we would not have got people onto the field - the ground was waterlogged. We only got 20m from the gate and it looked okay then, but we got hopelessly stuck anyway! Basically spent Thursday in the van getting battered by the weather, managed to get to the pub on Friday and today will attend AGM and hopefully recruit some help to get us out !

Alan & Dawn, Tangley stewards.



The things you see in the countryside!!

In early October Peakland group did a nice 10.5 mile walk to Anchor church caves from Ticknall, but we got a bit of a shock when out of the blue over the horizon came a party of naked ramblers! We didn't know where to look!

Mary Mills



Church Caves



Getting towed out to go home!

Expect a warm welcome from Delightful Derbyshire

The Section AGM and Festival of Walking and Cycling is to be held at Highfield Farm in the beautiful village of Ashford-in-the-Water from 2nd to 7th May 2024 hosted by Peakland Area.. Come along and walk or cycle to Great Longstone, Little Longstone, Hassop, Taddington, Tideswell, Litton, Sheldon and many more quaint villages and of course Bakewell – the home of the famous pudding. There are lots of dales – Monsal Dale, Litton Dale, Cheedale, Millers Dale and the unusually named Water-Cum-Jolly and Priestcliffe Ditch! Further afield – Chatsworth, Haddon Hall and Hardwick Hall. The Trans-Peak bus runs through the village.

What's not to like? Come and join us for a great meet or as they said in the 60's – be there or be square!



The Sheepwash Bridge (above) is a much photographed bridge in the country.

Peakland this year

The Peakland area has had a great year for our meets. However, they did finish how they started with very bad weather. The first at The Star Alton was thwarted by snow blocking roads. The last meet was cancelled because of flooding . Thankfully, Mark, our sites officer has managed to rebook for later in November so we won't miss out after all. Each meet we have had has two walks a short 5 -6 miles with a longer 10 – 12 miles and a cycle ride . The new larger event shelters have been a bonus , we can just about fit everyone in at a squeeze and amazing quiz masters entertaining us with their questions . Many thanks to walk/cycle leaders quiz masters, stewards and of course, our committee.

We have two winter walks arranged with a possible two more. Peakland members are off to Patterdale for a week at the end of November stopping in the Hotel there. A few have booked to go to Newsholme manor on an unofficial meet for the New Year's festivities.

2024 meets have all been arranged and we have decided to carry on with the booking system and Hazel has agreed to continue with her role as booking officer.

Peakland look forward to seeing you all next year at the Section AGM and Festival of Walking and Cycling at Ashford in the Water.

Graham Mason



More about the Wessex AGM

Words gathered and written by Toni Reynaud

This year's AGM was, like so many other events, hit by the rather wet weather we've been having recently. The following was put on FaceBook, followed by many phone calls and WhatsApp messages - *The meet starting tomorrow, Thursday, at Tangley Village Hall is cancelled because of the condition of the field. The AGM followed by a buffet will now take place on Saturday at 2:00 pm.*

So our meet at Wildhern Village Hall was cancelled after Stewards Alan and Dawn arrived and got stuck. After 3 days on the field alone they attended the AGM where Alan was rewarded for his efforts by becoming Chairman. 24 of us managed to travel from far and wide for a day visit to the AGM to be rewarded with an excellent buffet lunch and the honour of pushing Alan and Dawn's Motorhome to dry land.

About 24 of us gathered for the AGM, having travelled various distances between 20 and 170 miles to do so – the lure of a free buffet proved irresistible! There was lots of social catching up, much munching of sandwiches and other fancy foodstuffs, but we finally got down to the serious stuff of the formal meeting. All went well (as it usually does) then in



AOB our guest of honour, Sandra, was called upon to make presentations to the three retiring committee members – Mick (Chair), Roger (treasurer), and Deb (PRO)

Thanks to Alan and Dawn for making us all so welcome and getting the hall set up for the AGM. Looking forward to the next meet you'll be stewarding! It was lovely to see everyone at the AGM, shame about the weather, but

we're hoping for a drier 8 days now so that we can all meet up in proper W&CS fashion at Brocklands Farm. Thanks also to those who helped in the kitchen, setting up buffet, brewing teas, coffee and clearing up afterwards, shame it wasn't followed by social evenings, but.....next time. Many thanks to John for pulling it all together with excellent organisation. Also thanks to the rest of our Committee.

A few words from Deb - Thank you to everyone for my Book token, I have really enjoyed my time on the committee, and lovely to receive it via our old friend Sandra, who taught me to enter the meet attendance on the database, how many years ago, Sandra ,11 or 12 years? I shall miss the committee, but felt it is time to encourage more volunteers to join. I shall also miss the annual visits to HQ at Coventry for the Section Council meetings, it is nice to meet up with the other areas, and also to see the Club Headquarters and meet some of the staff. Here's to our next meet, (*following our signs on new higher posts*) and thank you all, a lovely group, which as PRO I kept telling people!!

And from Alan and Dawn - Thank you so much to all the guys who helped us out of the field at Tangleby today. Especially those that brought extra mats and muscles. We would still be there without your help. And thanks to Deb. Polly, and Janice for helping make the grass damage look a lot less churned up. Not the weekend we had hoped for but lovely to see you all again

Toni Reynaud, Alan & Dawn, Deb Masters

The guy who fell onto an upholstery machine last week is now fully recovered.

He had a photographic memory, but it was never fully developed.

When she saw her first strands of grey hair, she thought she'd dye.

Acupuncture is a jab well done. That's the point of it.

I didn't like my beard at first. Then it grew on me.

Did you hear about the crossed-eyed teacher who lost her job because she couldn't control her pupils?

When you get a bladder infection, urine trouble.

When chemists die, they barium.

I stayed up all night to see where the sun went, and then it dawned on me.

I'm reading a book about anti-gravity. I just can't put it down.

Peakland area of the Walking and Cycling Section

Easter meet at Matlock Rugby Club 28th March – 2nd April 2024.

The continued awful wet weather throughout March meant our Easter meet at Cromford hung in the balance. Our first planned meet in North Yorkshire had already been cancelled by the landowner due to adverse ground conditions. Matlock Rugby Club understandably didn't want us on the rugby pitch, but it was agreed that the large carpark could be used. 44 units were accommodated housing 74 adults and 2 children



It rained heavily on the Thursday night and most of us woke up to a lakeside view with ducks visiting the site and settling in.

On Friday morning three led walking groups set off and four cyclists enjoyed a 17.5 mile circular ride passing the Crich Memorial Tower ending up at a local tea rooms at Lea Gardens, to sit in lovely sunshine for alfresco refreshments.





Friday night was quiz night with quiz master Geoff - the quiz theme was Films. I think everyone turned out to be a winner as all participants received an Easter treat.

On Saturday three walking groups set off as the mist cleared and we were treated to beautiful sunshine partnered with a fresh breeze. Two cyclists set off on a 19 mile circular route braving the tortuous uphill Riber Road route up to Tansley then dropping down to Darley Dale to call in at The Church Inn, for liquid refreshment out in the sunshine.



We had a successful AGM in the evening with a fantastic 59 people attending, and we then enjoyed the excellent buffet and chat after the meeting. A full



I have a plank, just in case.....

working committee was formed for

I think I might need a longer plank!!

another year, The raffle for reimbursement of the site fees for the lucky winner was won by Brenda Coakley... lucky lady.

On Sunday two walking groups and six bikes set off with seven riders (yes we had a tandem bike join us), taking in Alderwasley, Shottle Spout,



Tinkerley Farm, Callow, Carsington for a refreshment stop, then back via the High Peak Trail with the thrilling descent back to Cromford Canal.

Sunday night was dance your heart out with the fab duo Fran and Jono supported by young Lissie who is the granddaughter of Chairman Graham &

Christine Mason, a definite star in the making. The dance floor was bouncing with all the enthusiastic revellers on the night. Looking



forward to a repeat performance at our Section AGM in May.



Monday saw the walkers tackle a rather muddy up hill and down dale walk. The other group caught the bus to Darley Dale and walked 7 miles back.

Christine Lowe provided some lovely colourful handknitted hats and Margaret Hudson brought a number of paper OS maps for members to acquire.



Donations to the sum of £52.00 were collected. Monies raised will be divided between Blood Bikes and Mountain Rescue.

Grateful thanks to our walk & cycle leaders who did a great job and all who made the meet such a great success.

Francine Nutt (Peakland PRO)

Brocklands Farm

After our cancelled AGM meet, we were slightly better off at our next meet, where only one unit needed to be towed off, although some of our newer members learnt a lot about buying suitable slip mats! Good walks and cycle rides were on offer to Old Winchester Hill, Beacon Hill, the South Downs Way and Monarchs Way, and along the convenient disused railway . On one interesting stroll to the village of just 4 members, their total aggregate age was 326 years, who says we're not a young and active group?



The cock pheasant almost invited himself for lunch with us, but we'd already eaten our bread and cheese.



A couple of pictures of a hare, taken by John Gerner



A few useful names. More contact information can be found on the website
<https://walkingandcycling.org.uk/Contacts>

Position	Name
Chairman	Francine Nutt
Vice Chairman	Graham Mason
Secretary	Christine Mason
Treasurer	Angela Blood
PRO/Website Co-ordinator	John Gerner
Membership Secretary	Christine Mason
Minutes Secretary	Sandra Wain
Activity Editor	Toni Busuttill-Reynaud
Webmaster	Adrian Rose
Peakland Area Rep to Section Council	Peter Taylor
Northern Area Rep to Section Council	Andrew Wood
Wessex Area Rep to Section Council	Alan Eckersall
Northern Area Secretary	Dave Hall
Peakland Area Secretary	Sandra Wain
Wessex Area Secretary	John Gerner
Northern Area PRO	Margaret Allen
Peakland Area PRO	Chris Williams
Wessex Area PRO	John Gerner

Wessex Meets 2024

Venues subject to change. Meets may be cancelled due to onsite ground conditions. Please check our website, <https://walkingandcycling.org.uk>, the latest edition of Out & About Magazine or by contacting the stewards 2 days before travelling. **BOOKING ESSENTIAL**, so please email wessex@walkingandcycling.org.uk and ask to be added to the Wessex email list to receive the meet programme update with booking details.

Date	Site
25th-30th April	Rectory Farm, Lawn Road Ashleworth, Gloucestershire GL19 4JL
2nd-7th May Bank Holiday	Highfields Farm, Ashford In The Water, Derbyshire, DE45 1QN National Festival of Walking & Cycling hosted by Peakland Area
23rd-28th May Bank Holiday	Hare Farm, Hare Lane, Twyford, Winchester, SO21 1FR
6th-11th June	Tarrant Crawford Farm, Blandford Forum, Dorset DT11 9HY
20th-25th June	Red Barn Farm, Alstone, Tewkesbury, Gloucestershire, GL20 8JD
4th-9th July	Kingston Blount Village Hall, Baker Piece, Kingston Blount, Chinnor, OX3 4SW
18th-23rd July	Summerlands Caravan Park, College Farm, Rockbourne Road, Coombe Bissett, Salisbury SP5 4LP
1st-6th August	Little Brangwells, Redmarley D'Abitot, Gloucester, GL19 3JQ
22nd-27th August Bank Holiday	Berry Hill RFU, Lakers Road, Berry Hill, Coleford, Gloucs. GL16 7QT
5th-10th September	Ocknell Campsite, Fritham, Lyndhurst, SO43 7HH
19th-24th September	Brass Knocker Basin, Limpley Stoke, Bath, BA2 7JD
3rd-8th October	Crowborough C&CC Site, Goldsmith Recreation Ground, Eridge Road, Crowborough TN6 2TN
17th-22nd October	Moreton C&CC Site, Station Road, Moreton, Dorchester, DT2 8BB

PEAKLAND WALKING & CYCLING SECTION 2024 SITES LIST

Group Contacts: Graham Mason (Chair) 07840-267102

Mark 07773-941342 & Amanda 07772-364835

Sites Officers

All Sites open at 2pm unless otherwise stated

DATES	VENUE	NIGHTS	MAP REF	STEWARDS
07/03 to 12/03	Bilton Park Farm Harrogate HG1 4DL	5	104/319578	Rose Osborne & Cliff 07929218376
28/03 to 02/04	Matlock Rugby Club, Cromford Meadows, Off Mill Lane, DE4 3RQ PEAKLAND AGM & EASTER MEET	5	119/093720	Committee
18/04 to 23/04	Crich Lane Farm Wessington DE55 6RU	5	119/370573	Jeff & Di Whitmoor 07505140150
02/05 to 07/05	Highfields Farm Ashford in the Water DE45 1QN SECTION AGM	5	119/194701	Committee
23/05 to 28/05	Sunnyside Farm Tansley DE4 5FL SPRING BANK	5	119/331604	Tony & Linda 07799032143
06/06 to 11/06	Dowel Hall Farm Glutton Bridge SK17 0RW	5	119/076675	Jane & Phil 07857427630
27/06 to 02/07	Pyllau Gloewon Farm Tal - Y - Bont Conwy LL32 8YX	5	115/769681	Alan & Christine 07967979081
02/07 to 07/07	Follow on Meet Llandyn Hall Farm Llangollen LL20 7UW	5	117/230424	Invite from South Lancs DA
25/07 to 30/07	Golden Gates Site, Chatsworth Estate, Baslow DE45 1PP	5	119/261723	Sandra & Roger Wain 07858529891
22/08 to 27/08	Dukes Piece Youlgreave DE45 1LU SUMMER BHOL	5	119/193640	Chris & Claire 07492087747
12/09 to 17/09	Fouffenside Farm Parwich DE6 1QF	5	119/183549	Anne & Philip Lowe 07512922776
03/10 to 08/10	Sterndale Green Farm King Sterndale SK17 9SF	5	119/093720	Steve & Lesley 07551199818
24/10 to 28/10	Stanley Ville, Drury Lane, Biggin SK17 0DL END OF SEASON	4	119/152595	Paul & Nicky 07723957813

Northern Area 2024 Programme



14/03-17/03/24	3	SD 973518	Auction Market Skipton	Area AGM	Committee 07748746741
28/03-02/04/24	5	SD 623427	Chipping Showground Chipping	Easter Meet	John & Margaret Allen 07505906849
18/04-22/04/24	4	SE 287722	Clotherholme Farm Ripon		Geoff & Carole Booth 07788197649
02/05-07/05/24	5	SK194701	Ashford-in-the-Water	Section AGM	Peakland 07785 746857
16/05-20/05/24	4	SD 778692	Silloth House Austwick	Invite to NELDA	Andrew & Catriona Wood 07456996614
23/05-02/06/24	10	NY 088023	Kemplerigg Farm Gosforth	Western Lakes	Steve & Leslie Storey 07551199818
14/06-19/06/24	5	SE 121899	Cracken House Farm Leyburn		Chris & Sandy Delf Sandy 07754496900 Chris 07793936652
03/07-08/07/24	5	SD 819632	Settle Rugby Club Settle	Invite from NELDA	NELDA
11/07-15/07/24	4	SE 587410	Moor Farm Bishopthorpe	Invite from Sheffield DA	Sheffield DA
25/07-30/07/24	5	SK261723	Golden Gates Site Chatsworth	Invite from Peakland	Peakland 07785 746857
11/08-18/08/24	7	NZ 794172	Greylands Farm Hinderwell	Invite from Hudd & Spen	Hudd & Spen
22/08-27/08/24	5	SK193640	Dukes Piece Youlgreave	Invite from Peakland	Peakland 07785 746857
01/09-08/09/24	7	SD 524940	Spital Farm Kendal	Invite from Lakeland DA	Robin & Muriel 07708 234905
10/10-13/10/24	3	SE 186094	Marsh Farm Shepley		Committee 07748746741
24/10-27/10/24	3	SD 881473	Rolls Royce Barnoldswick	End of year Meet	Mike & Sylvia Jay 01254 667474

Editor's bit

Hello All,

My thanks to all those who sent in items for this edition, but there's always more needed. Please keep it coming. For those who think there isn't enough of their section news in here, please feel free to add to future editions—I can only fill the pages with what YOU send me!! My email address is tonibr@btinternet.com — send anything and everything here. There is also a link to me on the Activity website, so you can use that for a direct link if you find that easier. My snail mail address is 12 Orchard Lane, Emsworth, PO10 8BH, so as a last resort, send letters here.

I can accept information in just about any format - Word, text, PDF, or written as a normal letter, and photos as digital or prints, though anything too complex in layout does cause the occasional headache!



The next edition is due August 2024

AND FINALLY.....

Remember there are other ways to read a copy of Activity. It's on the Web at <https://www.walkingandcycling.org.uk/Activity>, from where you can read it directly, or better still download it, print it off (follow the simple instructions given at the top of the web page) and share the copy around between family and friends. If you don't

have a computer, you can register with me to get a paper copy. Send your name, address and membership number to the editor (or get a friend with email to do it for you), and you will be added to the list. Also, if you let your area secretary have your email address, you will get a reminder when the latest edition has arrived on the website.

